



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Arnold, Elke

Club: Dominiks

Number: 481

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:10:42

Speed: 9.64 km/h

Running performance: 6:11 min/km

Rank in course/Total: 196 (of 237)

Rank in course/Women: 24 (of 42)

Best time in course: 1:41:45

Rank in category: 7(of 10)

Best time in the category: 1:50:47