



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

**Förster, Christiane**

Club: Elsteraner Wald - Läufer

Number: 472

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:12:01

Speed: 9.54 km/h

Running performance: 6:16 min/km

Rank in course/Total: 198 (of 237)

Rank in course/Women: 26 (of 42)

Best time in course: 1:41:45

Rank in category: 6(of 8)

Best time in the category: 1:43:43