



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Köster, Christian

Club: Tauperlitz

Number: 435

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:12:01

Speed: 9.54 km/h

Running performance: 6:16 min/km

Rank in course/Total: 199 (of 237)

Rank in course/Men: 173 (of 195)

Best time in course: 1:16:59

Rank in category: 12(of 12)

Best time in the category: 1:40:47