



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Rosentreter, Kai

Club: Trifreunde Naila
Number: 478

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:17:01

Speed: 9.20 km/h
Running performance: 6:29 min/km

Rank in course/Total: 211 (of 237)

Rank in course/Men: 179 (of 195)

Best time in course: 1:16:59

Rank in category: 33(of 34)

Best time in the category: 1:25:03