



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

**Koschel, Ingtid**

Club: LG Hallerstein-Schwarzenbach/S.  
Number: 200

Course: 21.10 km  
Halbmarathon

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 2:22:54

Speed: 8.82 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 217 (of 237)

Rank in course/Women: 36 (of 42)

Best time in course: 1:41:45

Rank in category: 9(of 10)

Best time in the category: 1:50:47