



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Rogler, Konrad

Club: LG Hof
Number: 468

Course: 10.00 km
Volkslauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 47:16

Speed: 12.69 km/h
Running performance: 4:44 min/km

Rank in course/Total: 30 (of 184)

Rank in course/Men: 29 (of 127)

Best time in course: 37:49

Rank in category: 4(of 10)

Best time in the category: 44:40