



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Lichy, Carmen

Club: Rehau AG

Number: 189

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:25:19

Speed: 8.67 km/h

Running performance: 6:53 min/km

Rank in course/Total: 221 (of 237)

Rank in course/Women: 38 (of 42)

Best time in course: 1:41:45

Rank in category: 8(of 8)

Best time in the category: 1:43:43