



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Hain, Stephan

Club: IfL Frankenwald

Number: 107

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:29:23

Speed: 8.47 km/h

Running performance: 7:05 min/km

Rank in course/Total: 225 (of 237)

Rank in course/Men: 187 (of 195)

Best time in course: 1:16:59

Rank in category: 29(of 29)

Best time in the category: 1:27:52