



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

Höfer, Christian

Club: Rehau AG

Number: 13

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:40:04

Speed: 7.87 km/h

Running performance: 7:35 min/km

Rank in course/Total: 228 (of 237)

Rank in course/Men: 189 (of 195)

Best time in course: 1:16:59

Rank in category: 23(of 24)

Best time in the category: 1:16:59