



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

Rinck, Jochen

Club: Rehau AG  
Number: 75

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:46:17

Speed: 11.86 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 81 (of 237)

Rank in course/Men: 77 (of 195)

Best time in course: 1:16:59

Rank in category: 16(of 32)

Best time in the category: 1:26:05