



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Kummert, Eva

Club: Skivereinigung Amberg

Number: 339

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 47:53

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 39 (of 184)

Rank in course/Women: 2 (of 57)

Best time in course: 42:30

Rank in category: 1(of 7)

Best time in the category: 47:53