



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Semm, Daniel

Club: Semm's
Number: 467

Course: 10.00 km
Volkslauf

Category:
Männer (20-29 Jahre)

Total time: 49:40

Speed: 12.08 km/h
Running performance: 4:58 min/km

Rank in course/Total: 49 (of 184)

Rank in course/Men: 46 (of 127)

Best time in course: 37:49

Rank in category: 11(of 21)

Best time in the category: 40:47