



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

Hildebrand, Bernd

Club: ILG Konradsreuth

Number: 247

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 50:04

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 52 (of 184)

Rank in course/Men: 49 (of 127)

Best time in course: 37:49

Rank in category: 11(of 24)

Best time in the category: 40:38