



## 5. Park&See-Lauf

Hof / 06.10.2012

### Detailed evaluation

Schäfer, Bernhard

Club: Naila

Number: 243

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 50:22

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 55 (of 184)

Rank in course/Men: 52 (of 127)

Best time in course: 37:49

Rank in category: 12(of 24)

Best time in the category: 40:38