



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Raithel, Ewald

Club: Hof/Saale

Number: 263

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:34

Speed: 11.41 km/h

Running performance: 5:16 min/km

Rank in course/Total: 68 (of 184)

Rank in course/Men: 64 (of 127)

Best time in course: 37:49

Rank in category: 10(of 15)

Best time in the category: 37:49