



5. Park&See-Lauf  
Hof / 06.10.2012

## Detailed evaluation

Thoß, Thomas

Club: Hof

Number: 260

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:40

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 70 (of 184)

Rank in course/Men: 66 (of 127)

Best time in course: 37:49

Rank in category: 11(of 15)

Best time in the category: 37:49