



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Dörnhöfer, Thomas

Club: Kulmbach

Number: 509

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 52:46

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 71 (of 184)

Rank in course/Men: 67 (of 127)

Best time in course: 37:49

Rank in category: 15(of 24)

Best time in the category: 40:38