



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Henninger, Katja

Club: Lauffreunde TV Stammbach

Number: 331

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 52:49

Speed: 11.36 km/h

Running performance: 5:17 min/km

Rank in course/Total: 73 (of 184)

Rank in course/Women: 6 (of 57)

Best time in course: 42:30

Rank in category: 2(of 11)

Best time in the category: 52:48