



5. Park&See-Lauf
Hof / 06.10.2012

Detailed evaluation

Pfenning, Dieter

Club: Hof

Number: 511

Course: 10.00 km

Volkslauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 53:02

Speed: 11.31 km/h

Running performance: 5:18 min/km

Rank in course/Total: 75 (of 184)

Rank in course/Men: 69 (of 127)

Best time in course: 37:49

Rank in category: 1(of 6)

Best time in the category: 53:02