



5. Park&See-Lauf

Hof / 06.10.2012

Detailed evaluation

Sobek, Benjamin

Club: Markt Einersheim

Number: 302

Course: 10.00 km

Volkslauf

Category:

Männer (20-29 Jahre)

Total time: 53:55

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 81 (of 184)

Rank in course/Men: 74 (of 127)

Best time in course: 37:49

Rank in category: 18(of 21)

Best time in the category: 40:47