



Langenberg Marathon 2012  
Wiemeringhausen / 07.10.2012

Detailed evaluation

Heidbreder, Manfred

Club: RSC Hochsauerland  
Number: 258

Course: 44.00 km  
Kurzdistanz

Category:  
Senioren III

Total time: 2:49:35

Speed: 15.57 km/h

Rank in course/Total: 323 (of 461)

Rank in course/Men: 300 (of 413)

Best time in course: 1:39:58

Rank in category: 34(of 53)

Best time in the category: 2:04:21