



Langenberg Marathon 2012
Wiemeringhausen / 07.10.2012

Detailed evaluation

Köhler, Roland

Club: Rc Endspurt Herford
Number: 410

Course: 83.00 km
Langdistanz

Category:
Senioren II

Total time: 4:25:05

Speed: 18.79 km/h

Rank in course/Total: 54 (of 109)

Rank in course/Men: 53 (of 99)

Best time in course: 3:19:56

Rank in category: 22(of 45)

Best time in the category: 3:32:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	43.00	2:11:30	19.62	21	22:13	50	30:36	43.00	2:11:30	19.62	39		24	
Finish	40.00	2:13:35	17.97	22	30:04	55	34:33	83.00	4:25:05	18.79	22	52:17	53	1:05:09