



Langenberg Marathon 2012
 Wiemeringhausen / 07.10.2012

Detailed evaluation

Köhler, Roland

Club: Rc Endspurt Herford
 Number: 410

Course: 83.00 km
 Langdistanz

Category:
 Senioren II

Total time: 4:25:05

Speed: 18.79 km/h

Rank in course/Total: 54 (of 109)

Rank in course/Men: 53 (of 99)

Best time in course: 3:19:56

Rank in category: 22(of 45)

Best time in the category: 3:32:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Rundenkontrolle	43.00	2:11:30	19.62	21	22:13	50	30:36	43.00	2:11:30	19.62	39			24
Finish	40.00	2:13:35	17.97	22	30:04	55	34:33	83.00	4:25:05	18.79	22	52:17	53	1:05:09