



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Löwa, Gerd

Club: Kommunales Kino CB
Number: 415

Course: 21.25 km
Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:44:29

Speed: 12.06 km/h
Running performance: 4:55 min/km

Rank in course/Total: 14 (of 141)

Rank in course/Men: 14 (of 105)

Best time in course: 1:26:42

Rank in category: 3(of 23)

Best time in the category: 1:31:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.70	53:22	4:59	4	8:15	26	10:33	10.70	53:22	4:59	22		14	10:33
Last lap Finish	10.55	51:07	4:50	2	4:34	11	7:14	21.25	1:44:29	4:55	3	12:49	14	17:47