



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Dorn, Ralf

Club: Flitzertruppe
Number: 448

Course: 21.25 km
Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:45:12

Speed: 11.98 km/h
Running performance: 4:57 min/km

Rank in course/Total: 17 (of 141)

Rank in course/Men: 17 (of 105)

Best time in course: 1:26:42

Rank in category: 5(of 20)

Best time in the category: 1:37:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.70	53:33	5:00	8	5:47	32	10:44	10.70	53:33	5:00	17		17	10:44
Last lap Finish	10.55	51:39	4:53	5	3:25	12	7:46	21.25	1:45:12	4:57	5	7:51	17	18:30