



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Thomas, Holger

Club: Cottbus  
Number: 435

Course: 21.25 km  
Cross-Halbmarathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:45:47

Speed: 11.91 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 21 (of 141)

Rank in course/Men: 21 (of 105)

Best time in course: 1:26:42

Rank in category: 6(of 20)

Best time in the category: 1:37:21

Intermediate times

Stage score

Total ranking

| Control         | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|                 | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Lap 1           | 10.70 | 57:33 | 5:22   | 12   | 9:47   | 52  | 14:44  | 10.70 | 57:33   | 5:22   | 16   | 0:09   | 21  | 14:44  |
| Last lap Finish | 10.55 | 48:14 | 4:34   | 1    | -      | 3   | 4:21   | 21.25 | 1:45:47 | 4:58   | 6    | 8:26   | 21  | 19:05  |