



6. Schlaubetal-Marathon Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Pommerening, Mirko

Club: Eisenhüttenstadt
Number: 398

Course: 21.25 km
Cross-Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:51:38

Speed: 11.29 km/h
Running performance: 5:15 min/km

Rank in course/Total: 42 (of 141)

Rank in course/Men: 41 (of 105)

Best time in course: 1:26:42

Rank in category: 8(of 13)

Best time in the category: 1:37:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.70	56:55	5:19	9	8:53	47	14:06	10.70	56:55	5:19	8	8:53	41	14:06
Last lap Finish	10.55	54:43	5:11	7	5:38	28	10:50	21.25	1:51:38	5:15	8	14:31	41	24:56