



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Gierth, Steffen

Club: Team ERDINGER Alkoholfrei
Number: 438

Course: 21.25 km
Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:51:39

Speed: 11.29 km/h
Running performance: 5:15 min/km

Rank in course/Total: 43 (of 141)

Rank in course/Men: 42 (of 105)

Best time in course: 1:26:42

Rank in category: 12(of 20)

Best time in the category: 1:37:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.70	55:46	5:12	10	8:00	41	12:57	10.70	55:46	5:12	10		42	12:57
Last lap Finish	10.55	55:53	5:17	14	7:39	42	12:00	21.25	1:51:39	5:15	12	14:18	42	24:57