



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Nauck, Heike

Club: BSG Stahl Eisenhüttenstadt
Number: 329

Course: 21.25 km
Cross-Halbmarathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:59:37

Speed: 10.53 km/h
Running performance: 5:38 min/km

Rank in course/Total: 73 (of 141)

Rank in course/Women: 7 (of 36)

Best time in course: 1:50:29

Rank in category: 1(of 4)

Best time in the category: 1:59:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Lap 1	10.70	59:18	5:32	1	-	7	5:00	10.70	59:18	5:32	1	-	24	
Last lap Finish	10.55	1:00:19	5:43	1	-	5	4:19	21.25	1:59:37	5:37	1	-	7	9:08