



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Roloff, Holger

Club: Team Magenta
Number: 396

Course: 21.25 km
Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:00:04

Speed: 10.49 km/h
Running performance: 5:39 min/km

Rank in course/Total: 76 (of 141)

Rank in course/Men: 68 (of 105)

Best time in course: 1:26:42

Rank in category: 16(of 23)

Best time in the category: 1:31:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.70	58:18	5:26	15	13:11	61	15:29	10.70	58:18	5:26	9	1:21	69	15:29
Last lap Finish	10.55	1:01:46	5:51	17	15:13	69	17:53	21.25	2:00:04	5:39	16	28:24	68	33:22