



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Frömming, Dagmar

Club: Ranzig
Number: 444

Course: 21.25 km
Cross-Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:21:18

Speed: 8.92 km/h
Running performance: 6:39 min/km

Rank in course/Total: 121 (of 141)

Rank in course/Women: 26 (of 36)

Best time in course: 1:50:29

Rank in category: 7(of 10)

Best time in the category: 1:55:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.70	1:08:53	6:26	8	12:12	27	14:35	10.70	1:08:53	6:26	7	12:12	8	
Last lap Finish	10.55	1:12:25	6:51	8	13:57	28	16:25	21.25	2:21:18	6:38	7	26:09	26	30:49