



6. Schlaubetal-Marathon

Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Paul, Torsten

Club: TLV Rangsdorf
Number: 714

Course: 42.35 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:18:56

Speed: 12.67 km/h
Running performance: 4:42 min/km

Rank in course/Total: 9 (of 111)

Rank in course/Men: 9 (of 89)

Best time in course: 2:56:00

Rank in category: 2(of 17)

Best time in the category: 3:05:14

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 11.60 | 52:22 | 4:30 | 2 | 3:59 | 15 | 6:39 | 11.60 | 52:22 | 4:30 | 17 | | 59 | |
| Lap 2 | 18.60 | 1:28:08 | 4:44 | 2 | 6:17 | 9 | 11:20 | 30.20 | 2:20:30 | 4:39 | 17 | | 60 | |
| Lap 3 | 2.50 | 12:50 | 5:08 | 3 | 0:29 | 8 | 1:27 | 32.70 | 2:33:20 | 4:41 | 17 | | 59 | |
| Last lap Finish | 9.65 | 45:36 | 4:43 | 2 | 2:57 | 8 | 6:35 | 42.35 | 3:18:56 | 4:41 | 2 | 13:42 | 9 | 22:56 |