



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Muhs, Matthias

Club: TV Fürstenwalde
Number: 662

Course: 42.35 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:26:51

Speed: 12.18 km/h
Running performance: 4:53 min/km

Rank in course/Total: 11 (of 111)

Rank in course/Men: 11 (of 89)

Best time in course: 2:56:00

Rank in category: 2(of 13)

Best time in the category: 3:03:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	52:15	4:30	2	3:28	14	6:32	11.60	52:15	4:30	2	3:28	46	
Lap 2	18.60	1:28:31	4:45	2	7:16	10	11:43	30.20	2:20:46	4:39	2	10:44	58	
Lap 3	2.50	13:56	5:34	2	1:44	10	2:33	32.70	2:34:42	4:43	2	12:28	57	
Last lap Finish	9.65	52:09	5:24	3	10:35	15	13:08	42.35	3:26:51	4:53	2	23:03	11	30:51