



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Poeppel, Marcus

Club: Falkenhagen
Number: 640

Course: 42.35 km
Cross-Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:33:05

Speed: 11.92 km/h
Running performance: 5:02 min/km

Rank in course/Total: 14 (of 111)

Rank in course/Men: 14 (of 89)

Best time in course: 2:56:00

Rank in category: 3(of 6)

Best time in the category: 3:06:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	55:52	4:48	5	10:09	27	10:09	11.60	55:52	4:48	3	10:09	54	
Lap 2	18.60	1:33:16	5:00	3	10:08	13	16:28	30.20	2:29:08	4:56	3	19:08	55	
Lap 3	2.50	14:47	5:54	3	2:27	16	3:24	32.70	2:43:55	5:00	3	21:35	54	
Last lap Finish	9.65	49:10	5:05	3	4:44	11	10:09	42.35	3:33:05	5:01	3	26:19	14	37:05