



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Fanslau, Thomas

Club: Berlin
Number: 644

Course: 42.35 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:39:24

Speed: 11.49 km/h
Running performance: 5:11 min/km

Rank in course/Total: 16 (of 111)

Rank in course/Men: 16 (of 89)

Best time in course: 2:56:00

Rank in category: 4(of 17)

Best time in the category: 3:05:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	57:45	4:58	5	9:22	32	12:02	11.60	57:45	4:58	15		52	
Lap 2	18.60	1:35:27	5:07	4	13:36	18	18:39	30.20	2:33:12	5:04	15		53	
Lap 3	2.50	14:01	5:36	4	1:40	11	2:38	32.70	2:47:13	5:06	15		52	
Last lap Finish	9.65	52:11	5:24	4	9:32	16	13:10	42.35	3:39:24	5:10	4	34:10	16	43:24