



6. Schlaubetal-Marathon Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Sotta, Torsten

Club: Berliner Laufburschen
Number: 631

Course: 42.35 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:40:45

Speed: 11.42 km/h
Running performance: 5:13 min/km

Rank in course/Total: 17 (of 111)

Rank in course/Men: 17 (of 89)

Best time in course: 2:56:00

Rank in category: 5(of 25)

Best time in the category: 2:56:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	55:41	4:48	7	8:25	26	9:58	11.60	55:41	4:48	21		51	
Lap 2	18.60	1:36:58	5:12	5	19:21	22	20:10	30.20	2:32:39	5:03	21		52	
Lap 3	2.50	14:46	5:54	4	3:23	15	3:23	32.70	2:47:25	5:07	21		51	
Last lap Finish	9.65	53:20	5:31	5	14:19	18	14:19	42.35	3:40:45	5:12	5	44:45	17	44:45