



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Knefel, Günter

Club: Berlin  
Number: 639

Course: 42.35 km  
Cross-Marathon

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:42:07

Speed: 11.35 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 19 (of 111)

Rank in course/Men: 18 (of 89)

Best time in course: 2:56:00

Rank in category: 1(of 4)

Best time in the category: 3:42:07

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	57:56	4:59	1	-	33	12:13	11.60	57:56	4:59	1	-	50	
Lap 2	18.60	1:38:16	5:16	1	-	27	21:28	30.20	2:36:12	5:10	1	-	51	
Lap 3	2.50	14:34	5:49	1	-	13	3:11	32.70	2:50:46	5:13	1	-	50	
Last lap Finish	9.65	51:21	5:19	1	-	14	12:20	42.35	3:42:07	5:14	1	-	18	46:07