



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Gutzeit, Marco

Club: Berlin
Number: 625

Course: 42.35 km
Cross-Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:44:28

Speed: 11.23 km/h
Running performance: 5:18 min/km

Rank in course/Total: 21 (of 111)

Rank in course/Men: 20 (of 89)

Best time in course: 2:56:00

Rank in category: 3(of 8)

Best time in the category: 3:14:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	55:10	4:45	5	7:11	24	9:27	11.60	55:10	4:45	3	7:11	48	
Lap 2	18.60	1:34:46	5:05	2	12:09	15	17:58	30.20	2:29:56	4:57	3	19:20	49	
Lap 3	2.50	15:55	6:21	4	1:41	31	4:32	32.70	2:45:51	5:04	3	21:01	48	
Last lap Finish	9.65	58:37	6:04	5	9:14	31	19:36	42.35	3:44:28	5:18	3	30:15	20	48:28