



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Scheduikat, Ron

Club: LG Stadtwerke München  
Number: 703

Course: 42.35 km  
Cross-Marathon

Category:  
Männer (20-29 Jahre)

Total time: 3:45:39

Speed: 11.17 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 23 (of 111)

Rank in course/Men: 22 (of 89)

Best time in course: 2:56:00

Rank in category: 2(of 2)

Best time in the category: 2:57:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	48:42	4:11	2	2:14	8	2:59	11.60	48:42	4:11	2	2:14	57	
Lap 2	18.60	1:37:59	5:16	2	21:11	25	21:11	30.20	2:26:41	4:51	2	23:25	47	
Lap 3	2.50	15:52	6:20	2	3:55	29	4:29	32.70	2:42:33	4:58	2	27:20	46	
Last lap Finish	9.65	1:03:06	6:32	2	21:08	41	24:05	42.35	3:45:39	5:19	2	48:28	22	49:39