



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Matiaske, Jürgen

Club: TV Fürstenwalde
Number: 632

Course: 42.35 km
Cross-Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:53:39

Speed: 10.79 km/h
Running performance: 5:31 min/km

Rank in course/Total: 29 (of 111)

Rank in course/Men: 28 (of 89)

Best time in course: 2:56:00

Rank in category: 6(of 8)

Best time in the category: 3:14:13

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	59:55	5:09	6	11:56	40	14:12	11.60	59:55	5:09	6	11:56	84	0:43
Lap 2	18.60	1:42:42	5:31	6	20:05	32	25:54	30.20	2:42:37	5:23	6	32:01	84	
Lap 3	2.50	15:32	6:12	2	1:18	23	4:09	32.70	2:58:09	5:26	6	33:19	84	
Last lap Finish	9.65	55:30	5:45	2	6:07	23	16:29	42.35	3:53:39	5:31	6	39:26	28	57:39