



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Hinder, Horst

Club: Berlin
Number: 702

Course: 42.35 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:53:43

Speed: 10.78 km/h
Running performance: 5:31 min/km

Rank in course/Total: 32 (of 111)

Rank in course/Men: 29 (of 89)

Best time in course: 2:56:00

Rank in category: 4(of 13)

Best time in the category: 3:03:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	53:50	4:38	3	5:03	18	8:07	11.60	53:50	4:38	4	5:03	82	
Lap 2	18.60	1:35:00	5:06	4	13:45	16	18:12	30.20	2:28:50	4:55	4	18:48	82	
Lap 3	2.50	17:42	7:04	9	5:30	56	6:19	32.70	2:46:32	5:05	4	24:18	82	
Last lap Finish	9.65	1:07:11	6:57	8	25:37	50	28:10	42.35	3:53:43	5:31	4	49:55	29	57:43