



6. Schlaubetal-Marathon

Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Fuchs, Arnold

Club: LSV Güstrow
Number: 695

Course: 42.35 km
Cross-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:55:36

Speed: 10.70 km/h
Running performance: 5:34 min/km

Rank in course/Total: 35 (of 111)

Rank in course/Men: 33 (of 89)

Best time in course: 2:56:00

Rank in category: 3(of 10)

Best time in the category: 3:53:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	58:35	5:03	4	6:39	35	12:52	11.60	58:35	5:03	3	4:45	68	
Lap 2	18.60	1:45:08	5:39	4	10:07	38	28:20	30.20	2:43:43	5:25	3	14:52	79	
Lap 3	2.50	15:38	6:15	2	0:18	25	4:15	32.70	2:59:21	5:29	3	12:42	79	
Last lap Finish	9.65	56:15	5:49	1	-	24	17:14	42.35	3:55:36	5:33	3	1:53	33	59:36