



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Ott, Nico

Club: VfB Döbbrick
Number: 671

Course: 42.35 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:57:16

Speed: 10.62 km/h
Running performance: 5:36 min/km

Rank in course/Total: 37 (of 111)

Rank in course/Men: 35 (of 89)

Best time in course: 2:56:00

Rank in category: 7(of 17)

Best time in the category: 3:05:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:02:05	5:21	11	13:42	52	16:22	11.60	1:02:05	5:21	12	2:12	77	2:53
Lap 2	18.60	1:44:34	5:37	8	22:43	37	27:46	30.20	2:46:39	5:31	12		77	
Lap 3	2.50	15:26	6:10	6	3:05	22	4:03	32.70	3:02:05	5:34	12		77	
Last lap Finish	9.65	55:11	5:43	6	12:32	22	16:10	42.35	3:57:16	5:36	7	52:02	35	1:01:16