



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Elsner, Steffi

Club: Hoppegarten  
Number: 691

Course: 42.35 km  
Cross-Marathon

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 4:01:41

Speed: 10.43 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 41 (of 111)

Rank in course/Women: 3 (of 22)

Best time in course: 3:40:55

Rank in category: 3(of 5)

Best time in the category: 3:40:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:01:17	5:16	2	6:07	2	6:07	11.60	1:01:17	5:16	3	6:07	21	
Lap 2	18.60	1:45:51	5:41	3	8:38	3	8:38	30.20	2:47:08	5:32	3	14:45	21	
Lap 3	2.50	15:45	6:17	3	1:19	3	1:19	32.70	3:02:53	5:35	3	15:28	21	
Last lap Finish	9.65	58:48	6:05	3	6:32	4	6:32	42.35	4:01:41	5:42	3	20:46	3	20:46