



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Stiller, Ulrike

Club: LWV Potsdam  
Number: 684

Course: 42.35 km  
Cross-Marathon

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 4:08:04

Speed: 10.16 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 43 (of 111)

Rank in course/Women: 4 (of 22)

Best time in course: 3:40:55

Rank in category: 1(of 8)

Best time in the category: 4:08:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:02:19	5:22	1	-	4	7:09	11.60	1:02:19	5:22	1	-	20	
Lap 2	18.60	1:49:42	5:53	1	-	5	12:29	30.20	2:52:01	5:41	1	-	20	
Lap 3	2.50	16:29	6:35	1	-	5	2:03	32.70	3:08:30	5:45	1	-	20	
Last lap Finish	9.65	59:34	6:10	1	-	5	7:18	42.35	4:08:04	5:51	1	-	4	27:09