



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Hanke, Werner

Club: LWV Potsdam
Number: 682

Course: 42.35 km
Cross-Marathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 4:08:04

Speed: 10.16 km/h
Running performance: 5:52 min/km

Rank in course/Total: 44 (of 111)

Rank in course/Men: 40 (of 89)

Best time in course: 2:56:00

Rank in category: 2(of 4)

Best time in the category: 3:42:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:01:59	5:20	2	4:03	50	16:16	11.60	1:01:59	5:20	2	4:03	72	2:47
Lap 2	18.60	1:48:00	5:48	2	9:44	41	31:12	30.20	2:49:59	5:37	2	13:47	72	
Lap 3	2.50	16:07	6:26	2	1:33	33	4:44	32.70	3:06:06	5:41	2	15:20	72	
Last lap Finish	9.65	1:01:58	6:25	2	10:37	39	22:57	42.35	4:08:04	5:51	2	25:57	40	1:12:04