



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Gardt, Olaf

Number: 711

Course: 42.35 km

Cross-Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:11:59

Speed: 10.00 km/h

Running performance: 5:57 min/km

Rank in course/Total: 50 (of 111)

Rank in course/Men: 45 (of 89)

Best time in course: 2:56:00

Rank in category: 8(of 25)

Best time in the category: 2:56:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	56:04	4:50	8	8:48	28	10:21	11.60	56:04	4:50	18		23	
Lap 2	18.60	1:50:47	5:57	8	33:10	46	33:59	30.20	2:46:51	5:31	18		34	
Lap 3	2.50	17:25	6:58	12	6:02	51	6:02	32.70	3:04:16	5:38	18		34	
Last lap Finish	9.65	1:07:43	7:01	13	28:42	52	28:42	42.35	4:11:59	5:57	8	1:15:59	45	1:15:59