



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Marschallek, Stephan

Club: TV Fürstenwalde
Number: 424

Course: 42.35 km
Cross-Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 4:12:39

Speed: 9.97 km/h
Running performance: 5:58 min/km

Rank in course/Total: 52 (of 111)

Rank in course/Men: 46 (of 89)

Best time in course: 2:56:00

Rank in category: 6(of 6)

Best time in the category: 3:06:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:01:44	5:19	6	16:01	45	16:01	11.60	1:01:44	5:19	6	16:01	22	2:32
Lap 2	18.60	1:51:55	6:01	6	28:47	48	35:07	30.20	2:53:39	5:45	6	43:39	1	-
Lap 3	2.50	16:51	6:44	5	4:31	38	5:28	32.70	3:10:30	5:49	6	48:10	22	
Last lap Finish	9.65	1:02:09	6:26	4	17:43	40	23:08	42.35	4:12:39	5:57	6	1:05:53	46	1:16:39