



6. Schlaubetal-Marathon  
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

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Club: LTSV Forst  
Number: 638

Course: 42.35 km  
Cross-Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 4:12:56

Speed: 9.96 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 53 (of 111)

Rank in course/Men: 47 (of 89)

Best time in course: 2:56:00

Rank in category: 11(of 17)

Best time in the category: 3:05:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:02:01	5:20	10	13:38	51	16:18	11.60	1:02:01	5:20	8	2:08	21	2:49
Lap 2	18.60	1:52:13	6:01	12	30:22	51	35:25	30.20	2:54:14	5:46	8	6:59	21	0:35
Lap 3	2.50	17:21	6:56	12	5:00	48	5:58	32.70	3:11:35	5:51	8	7:19	21	
Last lap Finish	9.65	1:01:21	6:21	9	18:42	36	22:20	42.35	4:12:56	5:58	11	1:07:42	47	1:16:56