



6. Schlaubetal-Marathon
Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Thurau, Thomas

Club: BSG Pneumant Fürstenwalde
Number: 660

Course: 42.35 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:24:57

Speed: 9.59 km/h
Running performance: 6:16 min/km

Rank in course/Total: 61 (of 111)

Rank in course/Men: 55 (of 89)

Best time in course: 2:56:00

Rank in category: 13(of 25)

Best time in the category: 2:56:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	59:12	5:06	10	11:56	37	13:29	11.60	59:12	5:06	13	1:32	1	-
Lap 2	18.60	1:54:38	6:09	12	37:01	55	37:50	30.20	2:53:50	5:45	1	-	13	0:11
Lap 3	2.50	19:52	7:56	18	8:29	70	8:29	32.70	3:13:42	5:55	1	-	13	1:30
Last lap Finish	9.65	1:11:15	7:23	17	32:14	63	32:14	42.35	4:24:57	6:15	13	1:28:57	55	1:28:57