



6. Schlaubetal-Marathon Eisenhüttenstadt / 20.10.2012

Detailed evaluation

Seelig, Dirk

Club: Carzig
Number: 706

Course: 42.35 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:25:46

Speed: 9.56 km/h
Running performance: 6:17 min/km

Rank in course/Total: 62 (of 111)

Rank in course/Men: 56 (of 89)

Best time in course: 2:56:00

Rank in category: 13(of 17)

Best time in the category: 3:05:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	11.60	1:01:13	5:16	9	12:50	43	15:30	11.60	1:01:13	5:16	6	1:20	12	2:01
Lap 2	18.60	1:52:26	6:02	13	30:35	52	35:38	30.20	2:53:39	5:45	6	6:24	1	-
Lap 3	2.50	18:33	7:25	14	6:12	60	7:10	32.70	3:12:12	5:52	6	7:56	1	-
Last lap Finish	9.65	1:13:34	7:37	16	30:55	71	34:33	42.35	4:25:46	6:16	13	1:20:32	56	1:29:46